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All titles written, produced and mixed by SW.

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Performed by Steven Wilson, Adam Holzman, Nick Beggs,
Guthrie Govan, Dave Kilminster, Craig Blundell, Marco Minnemann,
Chad Wackerman, Theo Travis, and Ninet Tayeb.

Photography by Lasse Hoile.
Models - Amalie Ankjær Livi, Amalie Gaia
Design by Carl Glover for Aleph.



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MY BOOK OF REGRETS

Partly written in late 2013, finished June 2015. Main backing track taken from a concert in Montreal on 28th June 2015, additional recording at No Man's Land. Live recording by Ian Bond.

SW - vocals, autoharp, acoustic and electric guitars (including slow section solo), mellotron, piano, percussion, ghostwriter VI
Adam Holzman - wurlitzer, hammond organ, minimoog
Dave Kilminster - guitars (including fast section solo)
Nick Beggs - bass guitar
Craig Blundell - drums

YEAR OF THE PLAGUE

Written and recorded during sessions for The Raven That Refused to Sing, 2012-13. Additional recording and mix October 2015.

SW - acoustic guitars, bass guitar, electric piano, prophet 6 synthesiser, various sampled instruments (violin, boys choir, glockenspiel, orchestral percussion)
Adam Holzman - piano

HAPPINESS III

Written in 2003. Recorded during sessions for Hand. Cannot. Erase. at Air Studio, London, September 2014. Engineered by Steve Orchard.

SW - vocals, acoustic guitar, guitar solo
Adam Holzman - hammond organ, piano
Guthrie Govan - guitars
Nick Beggs - bass guitar
Marco Minnemann - drums



SUNDAY RAIN SETS IN

Recorded during Hand. Cannot. Erase. sessions, 2014. Drums recorded at East West, Los Angeles, engineered by Brendan Dekora. Piano recorded at Spin Studios, New York, engineered by Anthony Ruotolo.

SW - guitars, mellotron, keyboards, percussion
Adam Holzman - piano
Nick Beggs - bass guitar
Chad Wackerman - drums
Theo Travis - flute

VERMILLIONCORE

Partly written in late 2013, finished June 2015. Recorded in October 2015.
Drums recorded by John Mitchell at Outhouse Studio.

SW - guitars, various keyboards, bass guitar, sound design
Adam Holzman - wurlitzer, minimoog, organ stabs
Nick Beggs - stick solo
Craig Blundell - acoustic and electronic drums

DON'T HATE ME

Originally written in 1998 and recorded by Porcupine Tree on the album Stupid Dream.

Main backing track for this version taken from a concert in Europe September 2015, additional recording at No Man's Land. Ninet's vocals recorded by Joseph E-Shine.
Live recording by Ian Bond.

SW - vocals, guitars (including solo), moog synthesiser, mellotron, prophet 6 synthesiser
Adam Holzman - hammond organ, fender rhodes, keyboards
Dave Kilminster - guitars
Nick Beggs - bass guitar
Craig Blundell - drums
Theo Travis - saxophone solo, flute
Ninet Tayeb - vocals

Management by Andy Leff for Acme Music.

Concert booking by Neil Warnock (Europe) and Steve Martin (America).

